

Hi all,

Lots of news this week... information about a relocation, a big fiesta and plenty of race results.

We will be back at McKamy (sigh) for a bit, but we hope it's only temporary (read on!) But on a more positive note, you can pig out with us this weekend at a hog roast. You can see we've got plenty of things to celebrate as a club, and oodles of individual accomplishments! Hope to see all of you on Saturday.

Gotta run,

Jennifer

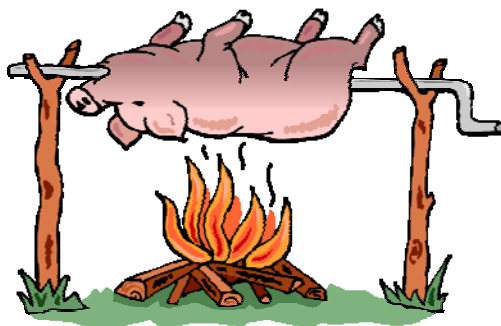
For starters... we've changed locations

BACK TO MCKAMY!

Due to high waters blocking off the parking lot at Murrell Park, we will be meeting on Saturday at 7:30 a.m. at McKamy Middle School until further notice.

Currently, it appears we might be at McKamy through November, but we are hopeful the parking lot will reopen so we can use it.

Go hog wild at our fall party!



What a great chance to socialize with your Strider friends and enjoy the delicacy (so I'm told) of fresh roasted hog.

When: Saturday, November 7. Note: Change in start time.... the party begins at 3:00 p.m., and the hog will be served at 4:30 p.m.

Where: 6015 Plantation Lane, FM 75022

Who: Hosted by Nick Bustos and his good friend, Todd Dingman.

Phone: 260-312-1629

To bring: Your favorite lawn chair, a side dish to share, BYOB (though there is a keg of Bud Light, but feel to bring more) and if you are so inclined, a donation to defray in cost of prepping the hog.

Come one, come all: Kids are welcome and there will be a bounce house to entertain them.

Come eat, drink, socialize and nosh with your Strider friends!

Race results:

Several Striders ran the DRC half last weekend. Congrats to all who competed. A photo and list of times follows.



Pictured from left to right: Lori Bailey, 1:54:05; Susan Morris, 1:48:00 (PR) and 3rd in age group; Marie Swanson 1:51:39; Laura Holzwasser 1:58:08.

Also running:

Eric McCully, 1:44

Ivonne Parker, 2:04:12

Lee Rebodos: 1:29:06

NOTE: If you don't see your times, I didn't see them. Kevin and I need results!

Adam globe trots to Germany!



Adam Barth, shown above, recently jetted to Frankfurt, Germany to run a marathon! He said he started fast, but unfortunately, “crashed” and crawled the final 7 miles to finish in 3:47, still a very respectable time!

Marie “runs like a girl” in Nike Women’s Marathon

Congrats to Marie Swanson, who recently ran the Nike Women's Marathon time in 4:09:56 – a PR by about 14 minutes despite a hilly course! She guessed the chocolate and Tiffany were more than enough to offset the hills.

Sandra makes significant strides in October

Huge kudos to Sandra Ricaud who posted some impressive results in October.

- 15K DCR 1:05:10 1st Master (2nd Overall)- October 3
- 5K Jesuit cross country 20:23- 1st Overall October 10
- 5K Pumpkin Dash 1st Overall 20:06- October 17
- 5Miles Uptown Run 1st Master 33:40-October 24
- 5K Four Seasons 1st Master 20:58 October 31
- 10K Four Seasons 1st Master 41:44 "
- Half DRC 2nd Master (They gave awards to the first 5 Masters) 1:32:35

Great job Sandra!